

Notification Date: November 19, 2024 Effective Date: December 24, 2024

# Friedreich Ataxia, Repeat Expansion Analysis, Varies

Test ID: AFXN

**Explanation:** On the effective date, this assay will incorporate changes to the Specimen Required, as shown below. The Whole Blood specimen type will no longer accept *any anticoagulant* and will be limited to the anticoagulants shown below. Blood Spot specimen type will have an update to the Specimen Volume and will no longer be located in the Prenatal Specimens section. In addition, all Specimen Types will include updates to the Stability and/or Additional Information fields. The days performed will also be updated.

#### **Current Specimen Required**

**Patient Preparation:** A previous bone marrow transplant from an allogenic donor will interfere with testing. For instructions for testing patients who have received a bone marrow transplant, call 800-533-1710.

#### Submit only 1 of the following specimens:

Specimen Type: Whole blood

Preferred: Lavender top (EDTA) tube or yellow top

(ACD) tube

Acceptable: Any anticoagulant Specimen Volume: 3 mL Collection Instructions:

1. Invert several times to mix blood.

2. Send specimen in original tube. Do not aliquot.

#### **Prenatal Specimens**

Due to its complexity, consultation with the laboratory is required for all prenatal testing; call 800-533-1710 to speak to a genetic counselor.

Specimen Type: Amniotic fluid

Container/Tube: Amniotic fluid container

Specimen Volume: 20 mL

Specimen Stability Information: Refrigerated

(preferred)/Ambient

Additional information:

- 1. A separate culture charge will be assessed under CULAF / Culture for Genetic Testing, Amniotic Fluid.
- 2. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

#### **New Specimen Required**

**Patient Preparation:** A previous bone marrow transplant from an allogenic donor will interfere with testing. For instructions for testing patients who have received a bone marrow transplant, call 800-533-1710.

#### Submit only 1 of the following specimens:

Specimen Type: Whole blood

**Preferred:** Lavender top (EDTA) or yellow top (ACD)

Acceptable: None

Specimen Volume: 3 mL Collection Instructions:

- 1. Invert several times to mix blood.
- 2. Send whole blood specimen in original tube. **Do not aliquot.**

**Specimen Stability Information:** Ambient (preferred) 4 days /Refrigerated 4 days/Frozen 4 days

- **Additional Information:**
- 1. Specimens are preferred to be received within 4 days of collection. Extraction will be attempted for specimens received after 4 days, and DNA yield will be evaluated to determine if testing may proceed.
- 2. To ensure minimum volume and concentration of DNA is met, the preferred volume of blood must be submitted. Testing may be canceled if DNA requirements are inadequate.

Specimen Type: Blood spot

Supplies: Card-Blood Spot Collection (Filter Paper) (T493)
Preferred: Collection card (Whatman Protein Saver 903

Paper)

Acceptable: PerkinElmer 226 filter paper or blood spot

collection card

Specimen Volume: 2 to 5 Blood spots

Specimen Type: Chorionic villi

Container/Tube: 15-mL tube containing 15 mL of

transport media

Specimen Volume: 20 mg

Specimen Stability Information: Refrigerated

**Additional Information:** 

1. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks is required to culture fibroblasts before genetic testing can occur.

2. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

Acceptable:

Specimen Type: Confluent cultured cells

Container/Tube: T-25 flask Specimen Volume: 2 Flasks

Collection Instructions: Submit confluent cultured

cells from another laboratory.

Specimen Stability Information: Ambient

(preferred)/Refrigerated

Additional Information: All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

Specimen Type: Blood spot

Supplies: Card-Blood Spot Collection (Filter Paper)

(T493)

Container/Tube:

Preferred: Collection card (Whatman Protein Saver

903 Paper)

Acceptable: Perkin/Elmer 266 filter paper, or Blood

**Spot Collection Card** 

Specimen Volume: 5 Blood spots

**Collection Instructions:** 

- 1. An alternative blood collection option for a patient older than 1 year is a fingerstick. For detailed instructions, see <a href="How to Collect Dried Blood Spot Samples">How to Collect Dried Blood Spot Samples</a>.
- 2. Let blood dry on the filter paper at ambient temperature in a horizontal position for a minimum of 3 hours.
- 3. Do not expose specimen to heat or direct sunlight.
- 4. Do not stack wet specimens.
- 5. Keep specimen dry.

**Specimen Stability Information:** Ambient (preferred)/Refrigerated

### Additional Information:

- 1. For collection instructions, see <u>Blood Spot Collection</u> <u>Instructions</u>
- 2. For collection instructions in Spanish, see <u>Blood</u> Spot Collection Card-Spanish Instructions (T777)
- 3. For collection instructions in Chinese, see <u>Blood Spot Collection Card-Chinese Instructions</u> (T800)

#### **Collection Instructions:**

- 1. An alternative blood collection option for a patient older than 1 year is a fingerstick. For detailed instructions, see How to Collect a Dried Blood Spot Sample.
- 2. Let blood dry on the filter paper at ambient temperature in a horizontal position for a minimum of 3 hours.
- 3. Do not expose specimen to heat or direct sunlight.
- 4. Do not stack wet specimens.
- 5. Keep specimen dry.

Specimen Stability Information: Ambient

(preferred)/Refrigerated
Additional Information:

- 1. Blood spot specimens are acceptable but not recommended. Multiple extractions will be required to obtain sufficient yield for supplemental analysis, and there is significant risk for test failure due to insufficient DNA.
- 2. Due to lower concentration of DNA yielded from blood spot, some aspects of the test may not perform as well as DNA extracted from a whole blood sample. When applicable, specific gene regions that were unable to be interrogated will be noted in the report. Alternatively, additional specimen may be required to complete testing.

  3. For collection instructions, see Blood Spot Collection
- 4. For collection instructions in Spanish, see <u>Blood Spot</u> <u>Collection Card-Spanish Instructions</u> (T777)
- 5. For collection instructions in Chinese, see <u>Blood Spot</u> Collection Card-Chinese Instructions (T800)

#### PRENATAL SPECIMENS

Instructions

Due to its complexity, consultation with the laboratory is required for all prenatal testing; call 800-533-1710 to speak to a genetic counselor.

Specimen Type: Amniotic fluid

Container/Tube: Amniotic fluid container

Specimen Volume: 20 mL

Specimen Stability Information: Ambient (preferred) <24

hours/Refrigerated <24 hours

Additional Information:

- 1. Specimens are preferred to be received within 24 hours of collection. Culture and/or extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.
- 2. A separate culture charge will be assessed under CULAF / Culture for Genetic Testing, Amniotic Fluid. An additional 2 to 3 weeks is required to culture amniotic fluid before genetic testing can occur.
- 3. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

Specimen Type: Chorionic villi

Container/Tube: 15-mL tube containing 15 mL of transport

media

Specimen Volume: 20 mg

Specimen Stability Information: Ambient (preferred) <24

hours/Refrigerated <24 hours

**Additional Information:** 

4. Due to lower concentration of DNA yielded from blood spots, it is possible that additional specimen may be required to complete testing.	<ol> <li>Specimens are preferred to be received within 24 hours of collection. Culture and/or extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.</li> <li>A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks is required to culture fibroblasts before genetic testing can occur.</li> <li>All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.</li> </ol>
	Specimen Type: Cultured chorionic villi Container/Tube: T-25 flasks Specimen Volume: 2 Full flasks Collection Instructions: Submit confluent cultured cells from another laboratory. Specimen Stability Information: Ambient (preferred) <24 hours/Refrigerated <24 hours Additional Information:  1. Specimens are preferred to be received within 24 hours of collection. Culture and/or extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.  2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing.  3. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.
Current Days Performed	New Days Performed
Monday, Wednesday	Monday

## Questions